#### **APRIL 2023**

SRI SATHYA SAI PRASHANTHI NIKETANAM JR. COLLEGE FOR WOMEN

# NEWSLETTER

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## PARA VIDYA FINAL EXAMINATION







Recognizing the importance of education students actively engages in supporting and guiding in their academic pursuits. The institution conducts various examinations both in Apara and para vidya to assess and enhance students' knowledge and skills. By providing a platform for students to showcase their abilities, Prashanthi Nikethanam campus encourages excellence and nurtures a spirit of healthy competition among the students.

#### ACUPRESSURE CLASS FOR THE STUDENTS BY DR. RADHIKA SRIDHAR GARU

Another remarkable healing practice embraced by Students is Acupressure. By learning Acupressure techniques, Students gain a deeper understanding of the body's meridian system and its connection to overall health. Participants acquire the skills to alleviate pain, reduce stress, and promote holistic well-being using the power of touch and focused intention.





## HAMUNAM HOMA AT CAMPUS



Homam - A Divine Offering Prashanthi Niketanam upholds the age-old tradition of conducting homams, sacred fire rituals, which are deeply rooted in Indian spirituality. These rituals are performed with utmost devotion and precision, invoking divine energies for the well-being and prosperity of all. The serene atmosphere created during these homams is believed to purify the surroundings and bring harmony to individuals' lives.

## REKI TRAINING TO THE STUDENTS BY DR. SRIDHAR SIR

It's great to hear that Reiki is being taught to students for Self healing purposes.

Reiki is a Japanese technique that involves the transfer of energy from a practitioner's hands to the patient, with the intention of promoting healing and reducing stress

It is often used to help balance the body's energy and promote a sense of peace and calm.

Encouraging students to present this information in a responsible and informative manner can help create awareness and promote a better understanding of these practices.





#### ENTRANCE EXAMINATIONS FOR THE ACADEMIC YEAR 2023-2024

The entrance exam for admission in our campus experience consists of a written exam worth 100 marks, followed by interviews. As part of the admission process, prospective students' parents will also be taken on a college tour by our interns. This comprehensive approach aims to assess candidates holistically and provide a glimpse of our campus environment, fostering transparency and engagement with prospective students and their families.

Our college holds a strong commitment to academic excellence and holistic development, making it a perfect platform for students to thrive and achieve their full potential. The college's mission is to nurture individuals who are not only well-educated but also possess strong values, leadership skills, and a passion for making a positive impact on society. Emphasizing both academic and personal growth, our college aims to create responsible and socially aware global citizens, preparing them for success in their careers and lives.

## STUDENTS EDUCATION & FUN TRIP

A group of students embarked on a memorable picnic in Hyderabad, exploring various cultural and historical landmarks. They were awed by the Statue of Equality's message of unity and inclusivity and found serenity at the Ratnalaya Temple. The Museum's exhibits ignited curiosity, while the majestic Golconda Fort showcased the region's rich history. Finally, the Birla Mandir Temple left them captivated with its architectural beauty and breathtaking view of the city. This day of discovery and inspiration would forever hold a special place in their hearts, leaving them with cherished memories and a deeper appreciation for their heritage and surroundings.





Throughout the day, the students experienced a blend of awe, inspiration, and serenity. The picnic not only provided a break from their routine but also expanded their knowledge and enriched their understanding of the city's cultural heritage. The memories made during this eventful day would stay with them for a lifetime, reminding them of the beauty and diversity that the world has to offer, and igniting a thirst for more explorations and adventures in the future.

#### EVERY PATIENT, EVERY SMILE: OUR PLEDGE TO SERVE

With a heart brimming with reverence, Govind Reddy Sir shared the life-changing encounter he had with Swami. The simple yet profound teachings, boundless love, and miraculous moments left an indelible mark on his soul. He urged the students to embrace the wisdom and follow the path of truth, love, and service, just as Swami had shown him.

Students engaging in selfless service at Sarla Hospital find immense joy in making a positive impact on the lives of patients, bringing comfort and hope to those in need. Their acts of kindness and compassion not only benefit the patients but also nourish their own souls, creating a profound sense of fulfillment and happiness. Through their dedicated service, they discover the true joy that comes from helping others selflessly.

